

16 March 2023

Principal's Report

Student leaders

The first general assembly was held on Tuesday 28 February at which we acknowledged the 2023 student leaders who received their badges in front of their families and all staff and students. I congratulate the following students on their new roles - Senior School Captains Sanuki De Soysa and Sara Lim, Middle School Captains Ava Kearney and Georgia Woods, Community Liaison Captain Helia Darivandi Shoushtari, Environmental Captain Lynne Buttress, Social Service Captain Jasmine Wong, SRC Captain Caitlin Rowling, English Captain Helen Halastanis, Humanities Captain Georgia Kynoch, Languages Captain Emily Hughes, Music Captain Mary Anne Dumitrache, Sports Captain Lillie Allen, STEM Captain Mathilda Chipperfield and Visual Arts Captain Rebekah Krialis. Congratulations as well to the 2023 House Captains: Brennan - Coco Lyons and Peta Hemmersbach, Cattanaach - Savannah Todhunter and Juliette Young, Flynn - Elena Simopoulos and Siena Dresner and Macdonald - Matilda Bayles and Emily Norris.

International Women's Day Breakfast

The Community Liaison team under the leadership of Helia Darivandi Shoushtari and supported by Liaison teacher Gabrielle Bert held the annual International Women's Day breakfast on Friday 10 March. It was a very pleasant way to begin the day and the team organised a wonderful breakfast and very engaging guest speaker. Thank you to all members of the school community who attended. Helia has provided more details later in the newsletter.

Senior School formals

The Year 12 formal was held Thursday 2 March. It was a lovely evening. Thank you to the staff who attended to support the students. The students certainly seemed to enjoy themselves. The Year 11 formal is on Friday 17 March.

House Chorals

Preparations and rehearsals have begun for House Chorals and the two evening performances are on Tuesday 4 and Wednesday 5 April with adjudication day on Thursday 6 April. Tickets are now on sale. I encourage all families to attend one of these performances as they are always of an amazingly high standard.

Building project

The new building is due for completion in the next couple of weeks. The interiors have been completed, windows and doors installed and the landscaping has begun. It will provide an additional space for students at recess and lunchtime and provide an additional teaching space. Assistant Principal Jim Ouliaris has worked with a group of Year 12 students who are interested in pursuing studies related to building construction such as architecture and interior design to select furniture for the space. This has enabled them to have significant input into the finished space as well as providing an opportunity to be involved in an authentic project which they can add to their resumes.

The Parents' Association

A reminder that The PA is in the process of organising the annual raffle they hold at the Chorals performances. If you are able to donate a prize for the raffle, they can be left at the office.

Dr Mary Cannon
Principal

Diary Dates Term 1

17 Mar	Year 11 Formal
24 Mar	Year 10 Career's Day
4-5 Apr	House Chorals
6 Apr	Last Day of Term 1

Student Leadership News

International Women's Day Breakfast

The Community Liaison team had a very busy start to the year with the International Women's Day Breakfast on 10 March. This annual event aims to focus on the IWD campaigns. The IWD 2023 campaign theme is #EmbraceEquity which is designed to get people talking about why equal opportunities aren't enough. People start from different places, so true inclusion and belonging require equitable action.



At the IWD Breakfast, we were able to enjoy some delicious jumbo muffins provided by the Canteen, as we sipped on tea, coffee and juice. We also had some amazing raffle prizes and Silent Auction hampers and it was a lovely morning.

Our guest speaker was Captain Katja Bizilj who talked about the importance of education and shared her career journey. She gave us much useful advice such as embrace all opportunities and trust your instincts.

Thank you to the Community Liaison student team for all the effort they put in, and also to the Music department for the wonderful performances. A big thank you also to all the parents and carers, teachers and students who attended and to Frank as well as the General Office staff who assisted in many ways in the lead up to the event.

We are also very grateful to have the support of the following generous local businesses, so please support them if you can:

- Coles Camberwell
- Hairhouse Warehouse Camberwell
- The Chocolate Box Camberwell
- The Source Bulk Foods Camberwell
- Montebello Emporium Camberwell
- Dymocks Books Camberwell
- Balwyn Day and Night Pharmacy
- The Advocate Restaurant & Cocktail Bar Balwyn

The following CGSC staff also generously donated items for the event: Amanda Jackson, Gabby Goldsmith, Debbie Platanas and family, Elyssia Stroumos and Fiona Skerrett. We appreciate their support.

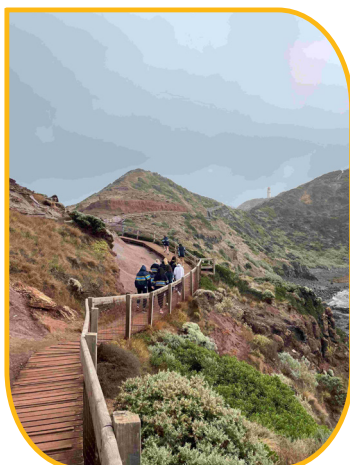
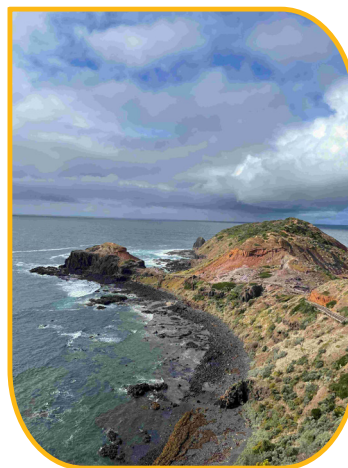
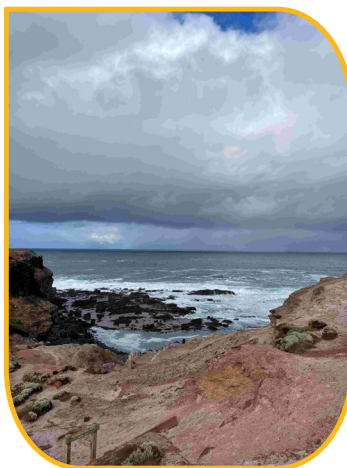
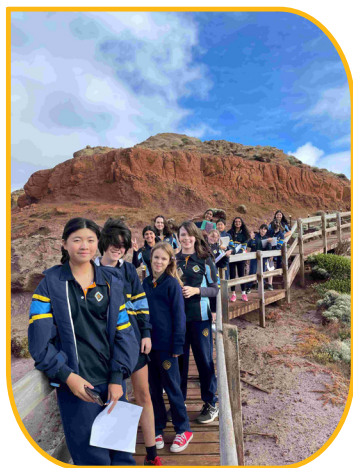
Stay tuned for more Community Liaison events throughout the year!

Helia Darivandi Shoushtari, Community Liaison Captain
Madame Gabrielle Bert, Community Liaison Teacher

Teaching and Learning News

Cape Schanck Escursion

During their excursion at Cape Schanck, the Year 8s were studying the different coastal environments along the Peninsula and how environments cater to varying needs.



Tuesday Chess Club

Are you tired of the same old routine during lunchtime? Are you looking for a way to challenge your brain whilst hanging out with friends? Look no further than the Chess Club, hosted every Tuesday in the library.

Chess is a game of strategy and critical thinking that has been played for centuries. It is a fantastic way to improve problem-solving skills and enhance cognitive abilities. It's also an excellent opportunity to socialize with like-minded peers.

The Chess Club welcomes students of all year levels and abilities. Whether you're a beginner or an experienced player, we encourage you to come and join us. Our experienced members are always happy to teach new players and help them improve their game.

Plus, with the colder weather coming in, what better way to spend your lunchtime than indoors, practicing your chess skills and staying warm? Bring your lunch and enjoy some friendly competition with your classmates. Who knows, you may even discover that you have a talent for chess and become the next Beth Harmon.

So, don't miss out on the chance to improve your brainpower, make new friends, and have fun during lunchtime. Join the Chess Club in the library every Tuesday and see where the game takes you!

Stefan Majewski

Mathematics/Science Teacher

Year 11 Food Studies visit to A1 Bakery in Brunswick

As part of our Study in Learning Outcome 1, students investigate ingredients available today from earlier cultures as well as differing food cultures and distinctive cuisines with a focus on one region other than Australia. The class specifically delved into the cuisine of the Middle East – Lebanese cuisine.

23 eager students, Mr Sword and myself arrived at the bakery recently. We had a brief talk from the owner, his family's journey into the business and what Lebanese cuisine epitomizes.

Fiona Skerrett

Year 11 Food Studies Teacher



On 1 March, our Food Studies class visited the A1 Bakery as an excursion to experience and taste the Lebanese cuisine to assist our studies and SACs. I still remember the moment I stepped in the bakery; the aromatic smell of freshly baked bread overcame my senses. The menu consisted of many traditional Lebanese dishes, such as the Zaatar, Spinach Triangle, Falafel pizza, chicken Tawouk Platters and many more choices.



The foods provided were at affordable prices, and very delicious! I ordered the cheese pie (with halloumi cheese), and it tasted incredible. The bread was extremely soft, and the cheese perfectly matched the bread to give a salty, yet slight sweet taste. This excursion definitely made me more interested in Lebanese cuisine, wanting to discover more Lebanese dishes.

Brittany So, Year 11



On 1 March, the Unit 1 Food class went on a trip early in the morning to A1 Bakery in Brunswick. We were given a presentation about Lebanese cuisine, the ways this family had taken the risks of starting a business in Australia, and the benefits of why they did. We were also given the opportunity to buy produce and hot meals from the bakery. I got a spinach and cheese triangle which tasted really good! Overall, the excursion was fun and we all had a great time.

Ellen Cooke, Year 11

Birdman Rally at Birrarung Marr

As the Year 7s have been discussing sustainability, we have discussed how the flying 'machine' and costume was made from recycled materials, such as shopping bags, sweet wrappers, bamboo, homemade glue, papier mâché and an old bicycle helmet.

Though the flight part of the day was somewhat lacking, a total of \$4565 was raised for the Smith Family so it was a real success, and a few of the students and teachers came down to support me on the day.

Annabelle Cass Design and Technologies Teacher



Student Wellbeing

While we know sleep is essential for good health, research shows that many children and young people are not getting enough sleep on school nights. This can affect thinking, concentration, memory, reaction times and mood.

Research shows about 12% of primary school-aged children, a quarter of 12- to 15-year-olds and half of 16- to 17-year-olds don't get enough sleep on school nights. The recommended amount of time to sleep for primary school-aged children is 9 to 11 hours. For teenagers, it's 8 to 10 hours.

Signs that your child is not getting enough sleep can include:

- low mood and irritability during social interactions
- reluctance or arguing about getting off devices and going to bed
- falling asleep during the day
- difficulties waking up for school and sleeping in late on weekends to catch up
- changes to communicating or interacting at home.

You can help your child to improve their sleep by:

- establishing a regular sleep pattern and consistent bedtime routine
- supporting them to avoid using electronic devices such as smartphones before going to bed and in bed
- encouraging your child to exercise and spend time outside in daylight, steering clear of vigorous activity in the hour before sleep
- encouraging them to wind down and relax before going to bed.

If your child is still having trouble sleeping, has persistent problems with low mood, excessive daytime sleepiness, restlessness in bed, severe snoring or wakening unrefreshed, despite getting adequate length sleep, they should see a doctor.

For more information on sleep health, you can refer to:

- [Sleep tips for children](#) and [Facts about sleep for parents/carers and school staff](#), from the [Sleep Health Foundation](#)
- [Why sleep is so important](#), from the [Kids Helpline](#)
- [Sleep explained](#), from the [Better Health Channel](#)

Sport Report

Swimming Carnival

The swimming carnival was on Monday 27 February and was held at the Boroondara Sports Complex. The weather wasn't ideal, but many students still participated in the events.

A huge thank you to all those who were involved in the day including staff, duty students, the photo crew, the House Captains, and Liaison teachers as well as all the students who participated in events whether it was swimming, novelties, diving, or cheerleading. Congratulations to Flynn and Cattanach for coming equal first in cheerleading. And a big congratulations to Cattanach for winning the 2023 Swimming Carnival.

Lillie Allen
Sports Captain

newsletter



Canterbury Girls'
SECONDARY COLLEGE

Brennan

Brennan may not have won, but we came, and we had fun in every event we did! We tried our hardest and hopefully next year we'll have a bit more luck. It was a super fun day, even if it was a bit cold and we are so proud of everyone in Brennan who joined us for cheerleading!



Coco Lyons and Peta Hemmersbach Brennan House Captains

Cattanach

The cowgirls are in town alright! Cattanach absolutely smashed it at the swimming carnival! Cowboy hats and all the Cattanach crew cheered their way to a shared win with Flynn in cheerleading and brought home the swimming cup overall. What an unbelievable start to the year. We couldn't be prouder of and grateful for each and every student that got into the pool or cheered our House on, contributing to the win. A special thanks to our phenomenal relay team. We can't wait to see this amazing effort and participation continue throughout the year!



Savannah Todhunter and Juliette Young Cattanach House Captains

Flynn

Oops, Flynn Did it Again! The Flynn house started the day with a splash, with many of the students participating in races, novelties and diving! Both us Captains were so proud of our "Flynn Chicks" who were absolutely fabulous in our cheerleading chant. For the first time since we have been at the school, FLYNN WON CHEERLEADING! (even if it was tied with Cattanach, WE'LL TAKE IT!). Coming in second place overall was a great achievement and we cannot wait to see everyone participate once again in this term's events! Thanks to everyone for making it a wonderful day. Go Flynn!



Elena Simopoulos and Siena Dresner Flynn House Captains

Macdonald

Our Macca chicks never fail to make us proud, and swimming carnival was no exception! Everyone got right in amongst it this year (in particular our 7-9s), killing it in their races, and absolutely cleaning up in novelties. We were so excited to see how many joined in cheerleading this year, and despite coming 3rd we were incredibly happy with how it turned out, not to mention super proud with the commitment and effort everyone showed. Big thanks to all the Macca chicks and Macca staff that got involved, helped out, and got dressed up in red costumes for our theme 'Macca Match day'. We can't wait to show the other Houses what we are made of at our next House event: Chorals! Let's smash it, Macca!



Emily Norris and Matilda Bayles Macdonald House Captains

Upcoming Sporting Events

27 Mar	EMR Intermediate Girls Volleyball @Dandenong Stadium
28 Mar	EMR Swimming Sports @Aqua-nation Ringwood
29 Mar	Year 7 Round Robin Basketball, Softball, Tennis
30 Mar	EMR Golf Eastern Golf Club
4 Apr	Senior Round Robin Basketball, Hockey, Table Tennis
26 Apr	EMR Bowls Ringwood Bowls Club
27 Apr	School Fun Run
28 Apr	State Swimming @MSAC
1 May	EMR / State Diving @MSAC
3 May	Senior Girls AFL
4 May	School Athletics Carnival @Box Hill Athletics Track

Age Group Champions from the House Swimming Carnival:

12-13 Years	Emily Shen
14 Years	Olivia Chadder
15 Years	Tess Cartledge and Ava Kearney
16 Years	Caitlin Truong
17 Years	Riley Cardow
18-20 Years	Sara Lim

House Volleyball

House volleyball has wrapped up for 2023 with the Intermediates playing the final round robin last week at lunch time in the new gym.

Congratulations to Flynn for winning junior, intermediate and senior house volleyball. Thank you to all House Captains who helped organise the competitions and support the players on the day.

Corey Lawson
Coach



Year 8 Interschool Basketball

On February 23, Canterbury Girls' Secondary College's Year 8 basketball teams took part in an all-day interschool tournament. The competition was tough, but both A and B teams showed their skills and determination throughout the day.

Choosing the starting players for both teams was a challenge, as there was an abundance of talent amongst the students. However, standout players from both teams included Lily Turton, Saffy McBain, Minky Miltiadou, and Charli Wallace, who impressed with their teamwork and skill.

Both teams worked tirelessly throughout the day, with their grit and determination earning them several victories. Although they did not come out on top overall, the A and B teams showed great sportsmanship and represented the school with pride.

The Year 8 basketball A and B teams from Canterbury Girls' Secondary College should be commended for their hard work and dedication. They truly embodied what it means to be a team and were great representatives of their school. We can't wait to see what they will achieve in the future!



Stefan Majewski
Tennis Coach



Beach Volleyball

Volleyball Victoria's Beach Schools Cup was held on Friday 10 March where a group of Year 11 and 12 students tracked the journey across to South Melbourne Beach. It was an overcast yet warm day, with clouds coming in perfectly as games took place.

The 16 students representing Canterbury did an incredible job with participating in either pairs or groups of 4s, many being their first time playing beach volleyball. Unfortunately, with the tough competition ahead of us, no teams were able to progress to finals. However, we were all happy with the way we played throughout the day.

Being given the opportunity to participate in such event has created an everlasting memory that I encourage many to be a part of. Massive thanks to Mr Clarke for organising and training up the teams prior to this event as well as being our positive spirit across the day!

Sara Lim
Year 12

Division Swimming

Earlier this week, Division Swimming was held at the Boroondara Sports Complex. It was a nice day with many Canterbury students progressing to regionals, which will be held on 28 March at Aqua-Nation in Ringwood.

Corey Lawson
Coach

Should any students be interested in competing, or should you have any queries, please contact me at cla@cgsc.vic.edu.au.

Corey Lawson
Sport and Sport Education Co-ordinator

Soiree #1

Last Thursday evening, music students from a range of year levels took the opportunity to perform at the Term 1 Soiree. Congratulations to all who performed. Performance in this type of setting can be daunting, though you all rose to the occasion.

Our Soirees provide a forum for students to perform solos, duets or small group repertoire in an intimate supportive environment. The next Soiree is scheduled for 23 May. Sign up is arranged through music teachers.



Term Dates

17 Mar	Vivace commences (beginner strings)
29 Mar	VCE Music Top Class Excursion Melbourne Recital Centre
3 Apr	Victorian Sports Awards MCG String Quartet
4-6 Apr	House Chorus

TERM 2

25 Apr	Anzac Parade
11 May	Junior and Autumn Concert

International Women's Day Breakfast

Last Friday, the String Quartet performed at the IWD breakfast, providing an extra touch of class to the important event on the school calendar. Thank you to the students who performed, turning up to school for a 7pm start! These were Olivia Neish, Belle Wong, Lucy Woods and Georgia Woods.

There was also a featured performance from some of our VCE Music class vocalists Emmanuelle D'adamo and Grace Dineen performing a taste "Beautiful".



First rehearsal for beginner Year 7 Band "Staccato"

Members of Year 7 Band attended their first rehearsal earlier this week. Woodwind, Brass and Percussion students by now have received their first lessons and were ready to take the plunge in to making music together. Their first notes together could be described as "enthusiastic!". Preparations are in place for their performance at the Junior Concert early next term on 11 May.



Beginner Strings "Vivace" commences tomorrow morning before school

Vivace commences tomorrow morning before school for all beginner string students on Violin, Viola, Cello and Double Bass. Students should be in C19 for a 7.45am session. Ms Di Sisto is so excited for the ensemble to commence! Their first performance will take place at the Junior Concert alongside Staccato.

NEVR Concert – 'Fire and Rain'

The NEVR concert is back on again this year, providing students with the opportunity to be part of a range of massed ensembles with students across the northeastern Victorian region.

NEVR CONCERT APPLICATIONS ARE DUE 16 MARCH (TODAY!)

- Step 1 Collect a rehearsal schedule and see your music teacher for your AMEB level so that you apply for the ensemble which is best suited to your playing skill level.
- Step 2 Check your school calendar for camps, etc, and make sure you are available for ALL rehearsal and concert dates and times. Let your school music coordinator know which ensemble/s you are applying for.
- Step 3 All applications for large ensembles need to be completed by parents/guardians online at www.trybooking.com/CFUED by March 16. It is important to get your application in as soon as possible to avoid missing out on a place.
- Step 4 Music Coordinators will be notified of places early Term 2.

Michael Sword
Head of Music

CONCERT *BLACK*

Performing is an integral part of the study of music and presentation is of great importance. All students performing in ensembles at CGSC are required to wear Concert Black attire. This may include combinations of the following:

DRESS OR SKIRT

Formal, modest, below the knee when seated, to be worn with black stockings or tights

PANTS

Classic cut, full length pants, not low waisted or jeans with black socks. No leggings, except if worn under a skirt or a dress

SHIRTS AND TOPS

Sleeved or sleeveless (no shoestring straps)

BLACK SHOES

Concert Black allows for individuality, however we do ask that you abide by the guidelines in support of all students and the presentation of the ensemble.

the parents' association



Canterbury Girls'
SECONDARY COLLEGE

Dear Community,

The next PA meeting is on Tuesday 21 March at 7pm in the Conference Room, all welcome. Please email pa@cgsc.vic.edu.au if you would like a copy of the Agenda.

Upcoming Events

Hot Cross Buns

We are selling Hot Cross Buns again this year kindly donated by Woodfrog Bakery. They will be available for pick up on Tuesday 28th March. Please order via the link <https://www.trybooking.com/CGQVE>.



The Chorals Raffle is on 4 and 5 April. If you have any items you are able to donate to the raffle, are able to help contact local businesses for donations or sell raffle tickets please email the Secretary on pa@cgsc.vic.edu.au.

Athletics Day is on Thursday 4 May. If you are able to help The PA run the BBQ, please come along to the next PA meeting or email the Secretary on the email above.

Save the date for the **Mother's Day lunch** on Friday 12 May at Crudo Warehouse, Kew. Tickets available now.

We are looking forward to meeting you in person!

Christine Harkness

The Parents' Association Acting President

P.S. If you would like to support the PA, but cannot donate your time or efforts, you can contribute via the PA levy. If you do not want to contribute the full amount of \$50, you can nominate a different value. PA funds help raise monies for resources that are not funded by the Government (i.e. language assistants, food tech ovens, dishwashers etc.) and every little bit helps!

Diary dates

Next monthly meeting

Date: 21 March
Time: 7.00pm
Venue: Conference Room

Office bearers

President: Vacant
Vice-Presidents: Christine Harkness, Penny Ison
Secretary: Nicola Rowling
Treasurer: Steve Elsbury
PA email address: pa@cgsc.vic.edu.au

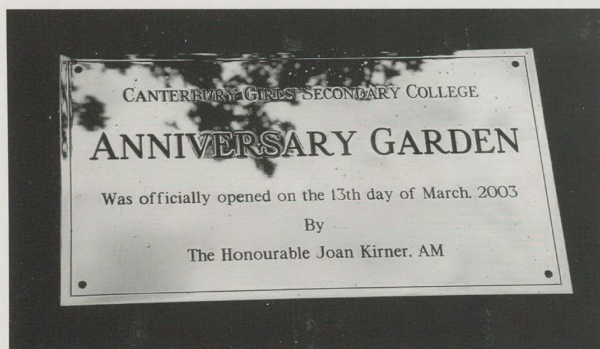
from the archives



Canterbury Girls'
SECONDARY COLLEGE

Anniversary Garden

The Anniversary Garden in CGSC was established twenty years ago on 13 March 2003 by former patron of the College, Hon. Joan Kirner A.M..



left: Madison Taylor, Leah Paice

anniversary garden

13TH MARCH

A day of celebration involved all students at a special assembly. Members of the Mangarra Society, Eleanor McCoy and Lyle Caffin, took us back to 1928 with some interesting stories. The Hon. Joan Kirner spoke on 'Young Women in Leadership'.

Following the assembly, Mrs Kirner officially declared the garden open.



Mrs Ward Mearns, Mangarra Society President, Mrs Joan Kirner, Mrs Margaret Preece, Principal, Mr Jonathan Sheppard, School Council President



from left: Mrs Neridah Preece, the Hon Joan Kirner, the Hon. Sir Rupert Hamer



foreground from left: Mrs Neridah Preece, Noreen Kelly background: the Hon. Joan Kirner



from left: Mrs Julie Agnew, Ms Diane Allen, Ms Jan Tournier, Ms Lyle Caffin and Mrs Eleanor McCoy



Anniversary Fountain



top left, clockwise: Stephanie McCracken, Mia Davey, Wattle Johnson, Tiffany Blomk, Nattlyn Yokoi

School Working Bees

Working Bees give every family the opportunity to assist in the improvement of the school grounds and buildings for our students. We hope that all parents and carers will take their turn because all our children benefit from the result and there are tasks to suit all levels of skill.

If you would like to help at a working bee session, register [here](#).

If you are unable to help at working bees this year, but would like to make a donation of \$50.00 to assist in buildings and grounds maintenance, contact the General Office at (03) 9830 5099.

Working Bee dates for 2023

25 Mar	Working bee #1 8:45am - 12.00pm
27 May	Working bee #2 8:45am - 12.00pm
12 Aug	Working bee #3 8:45am - 12.00pm
11 Nov	Working bee #4 8:45am - 12.00pm

Uniform Shop

New – Softshell Jackets

The Uniform Shop has recently added softshell jackets to the sports uniform range. These jackets are replacing the current shower proof jackets. Softshell jackets are \$110.00 each and can be purchased online or in store on Tuesdays.

All profit from the Uniform Shop goes back into the school for the benefit of the school community. The Uniform Shop is open on Tuesdays from 8:30am to 3:30pm. We encourage students to visit the Uniform Shop during recess and lunch times. Card only, sorry no cash or cheques.

Elena Mantelos
Uniform Shop Manager

Address

19A Wentworth Avenue, Canterbury 3126
03 9831 8661
uniform@cgsc.vic.edu.au

Online Ordering

<https://myschoolconnect.com.au/cgscuniform>

Canteen News

Dear Parents, Carers, Students and Staff,

The canteen staff are reminding you that you can order online through My School Connect. We have all items that we sell in the canteen on a daily basis online. Click [here](#) and put your order in so you are not to be disappointed and miss out on your favourite meal.

Thank you!

Melissa
The Canteen Team





Lots of fun at the special

Boroondara 20TH Happy Birthday

Farmers Market

20th Birthday Celebrations!!

Bring the kids, bring the dog, bring the shopping list and support our Victorian farmers



Face Painting



Tim Tim the Bubble Man



Michael the Balloonologist



Mark "King" Casey, the saxophonist



Breakfast and lunch delights

Coffee and cake stall



Come along and join in all the fun!!

Saturday, March 18th, 2023 8:00am – 12:30pm
Patterson Reserve, 484 Auburn Road, Hawthorn

WINTER SEASON

REGOs are OPEN!

U9s - U20s - Boys & Girls

Individuals or whole teams welcome

Training or Non-Training teams

ONLY \$340 for the season

Rego includes a Training Top for all players U14 and below!

\$330 for U16 players and up

Discounts for non training whole teams



 **Bendigo Bank**

 **peak**
PHYSIOTHERAPY

 **CANTERBURY
Cougars**

the holiday program



Brought to you by



Apr
10

Apr
17

Football Games
Victory Coaching Session
10:00am – 3:00pm

mon



wed

Football Session
LifeChanger
10:00am – 3:00pm



Scan to register

Apr
12

Apr
19

Free and open to all secondary school students

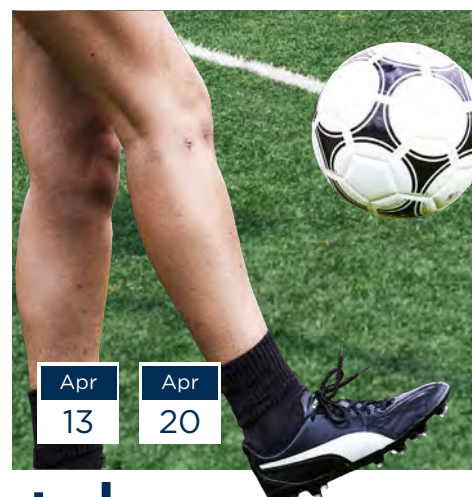
The Holiday Program, funded by the Department of Education and Training and delivered by Melbourne Victory, is on during April 2023. Week 1: 10, 11, 12, 13 April (South & East Schools). Week 2: 17, 18, 19, 20 April (North & West Schools). Participants will join in football, education, and employment sessions, as well as join in on excursions around Melbourne. With spaces in the programs limited, registration is essential. Sign up now!

Apr
11

Apr
18



Ice Skating
Football Games
10:00am – 3:00pm



Apr
13

Apr
20

thur

Football Tournament
Prize giveaways
10:00am – 3:00pm

Join now

For more information contact
community@mvfc.com.au



ON TRACK

GET CREATIVE
GET ON TRACK



Tue Apr 11 - Fri Apr 14 2023

Staughton College

26-46 Wilson Rd, Melton VIC

🕒 10:00am - 2:30pm

For more information:

www.ontrackmusic.com.au

📷 [ontrack.music](https://www.instagram.com/ontrack.music)

**FREE
SCHOOL
HOLIDAY
MUSIC
EXPERIENCE**

For high school students

ON TRACK

GET CREATIVE, GET ON TRACK!



SONG WRITING

Ever thought about rapping, singing, spoken word or song writing? Then this is for you!

ON TRACK's talented Song Writing Artists will help you turn your experiences into your very own song lyrics!



DEMO RECORDING & FILM CLIP MAKING

Take to the mic and record a professional music demo of your own lyrics and collaborative group track!

Go behind the scenes and learn what it takes to film a music video whilst filming your own!



PERFORMANCE

Hit the stage and be cheered on by all your new friends while you perform your very own original song!

PLUS at ON TRACK we provide snacks, lunch, public transport passes and prizes every day and it's all 100% FREE!

To register visit - www.ontrackmusic.com.au

For more information, email the OT team - ONTRACK@mushroomgroup.com